



COVID-19 Return to Play Guidelines

for players, coaches, spectators

- 1** Self monitor for any symptoms including but not limited to fever, cough, etc. before coming to any EABO activity. Please stay home and inform your coach if you are experiencing any symptoms or if you have been in direct contact with someone who is experiencing symptoms or tested positive for COVID-19
- 2** No parents or spectators near the field during practices. We recommend that you stay in the parking lot area if possible
- 3** Players can hang their equipment bags on the fence at least 6 feet apart
- 4** Everyone should have their own water / beverage bottles. No sharing allowed
- 5** All players shall use their own equipment. No sharing allowed. If someone needs equipment, please tell your coach
- 6** No spitting, chewing seeds, chewing gum, etc. while at practice or games
- 7** No touch rule - players & coaches must refrain from celebratory physical contact with each other and opponents on and off the field. A "hat tip" shall replace the customary hand shake at games
- 8** Hand washing / sanitizing frequently is recommended during games and practices. Teams will be supplied with some sanitizer but players are encouraged to bring their own as well
- 9** If a player gets injured, only one coach will attend to them. The coach must wear a mask and gloves
- 10** At any "station" (i.e.: soft toss, tee work, etc.), only one coach will tend to that station during that practice. Only the coach will touch the equipment and baseballs
- 11** Masks are optional for players and coaches. Coaches will use discretion and will be required to wear one if social distancing cannot be achieved during a drill, etc. at practice. Everyone is required to have a mask with them at all games and practices in the event they are needed
- 12** At games, we will follow all guidelines set in place by the tournament or league.
- 13** Please follow all CDC & DOH COVID-19 prevention measures included but not limited to all mentioned herein

Be Smart - Be Safe